



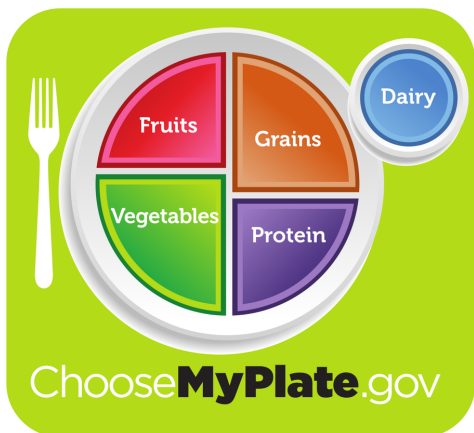
August Hot/Cold Breakfast

SFSP

All grains served are whole grain rich
Student's choice of skim or 1% milk
provided at every meal.

Menu subject to change based on availability

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
3 honey bunches of oats fresh apple	4 turkey sausage patty veggie breakfast sausage patty* biscuit orange wedges	5 bagel cream cheese jelly cantaloupe	6 brown sugar oatmeal turkey sausage patty veggie breakfast sausage patty* orange wedges	7 banana bread hard boiled egg hot sauce honeydew
10 cinnamon toasters cereal fresh apple	11 turkey sausage patty veggie breakfast sausage patty* croissant jelly orange wedges	12 whole grain french toast sticks scrambled eggs cantaloupe	13 fresh blueberries vanilla yogurt granola 100% orange juice	14 whole grain waffles honey turkey bacon veggie breakfast sausage patty* honeydew
17 cinnamon chex fresh apple	18 bagel cream cheese jelly orange wedges	19 scrambled eggs biscuit jelly cantaloupe	20 sweet peach oatmeal turkey sausage patty veggie breakfast sausage patty* orange wedges	21 blueberry bread hard boiled egg hot sauce honeydew

Healthy Meals for Active Students!

To create a healthy meal, include at
least three of the five food groups on
MyPlate: grains, protein, fruits,
vegetables, and dairy.





SERVING AWARD-WINNING FOOD THAT KIDS LOVE.

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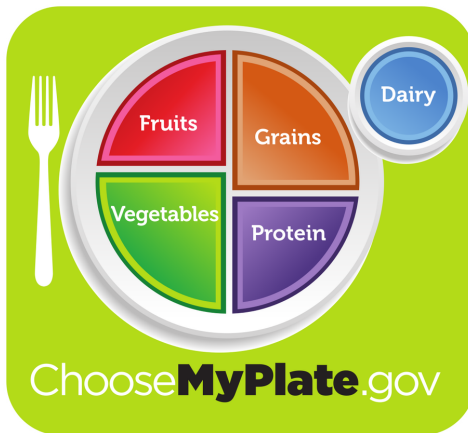
August Cold Breakfast

SFSP

All grains served are whole grain rich
Student's choice of skim or 1% milk
provided at every meal.

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Healthy Meals for Active Students!

To create a healthy meal, include at
least three of the five food groups on
MyPlate: grains, protein, fruits,
vegetables, and dairy.

Monday	Tuesday	Wednesday	Thursday	Friday
3 honey bunches of oats fresh apple	4 english muffin jelly hard boiled egg orange wedges	5 bagel cream cheese jelly cantaloupe	6 chilled peaches vanilla yogurt granola 100% orange juice	7 banana bread hard boiled egg hot sauce honeydew
10 cinnamon toasters cereal fresh apple	11 turkey ham & cheese on a croissant croissant jelly orange wedges	12 bagel cream cheese jelly cantaloupe	13 fresh blueberries vanilla yogurt granola 100% orange juice	14 apple cinnamon bread hard boiled egg hot sauce honeydew
17 cinnamon chex fresh apple	18 bagel cream cheese jelly orange wedges	19 english muffin jelly hard boiled egg cantaloupe	20 chilled peaches vanilla yogurt granola 100% orange juice	21 blueberry bread hard boiled egg hot sauce honeydew





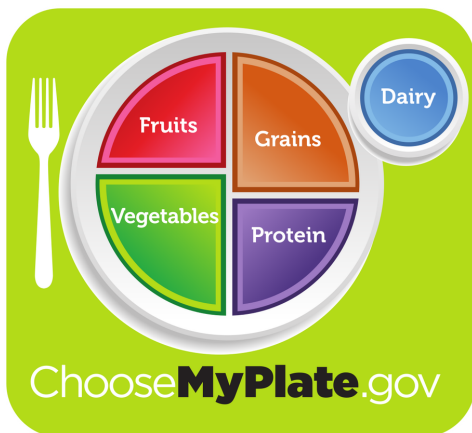
August Hot Lunch

SFSP

All grains served are whole grain rich
Student's choice of skim or 1% milk
provided at every meal.

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Healthy Meals for Active Students!
To create a healthy meal, include at
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MyPlate: grains, protein, fruits,
vegetables, and dairy.

Monday	Tuesday	Wednesday	Thursday	Friday
3 baja fish tacos baja cream sauce cheese quesadilla* steamed corn fresh grapes	4 beef burger on a bun veggie burger on a bun* ketchup mustard roasted red potatoes fresh apple slices	5 bbq chicken drum veggie chik'n nuggets* cornbread muffin sweet potato wedges ketchup orange wedges	6 turkey meatballs & sauce lentil bolognese* whole grain rotini pasta garlic breadstick roasted broccoli fresh watermelon	7 crispy chicken tender bbq baked beans* mac & cheese braised collard greens fresh peach
10 taco beef chili black beans* cheese sauce sour cream tortilla chips southwest taco corn fresh grapes fresh apple	11 whole grain cheese ravioli with tomato sauce cucumber salad fresh apple slices	12 crispy chicken tender veggie chik'n nuggets* whole grain waffles sweet potato hash hot sauce syrup orange wedges	13 turkey sloppy joe on a bun lentil sloppy joe on a bun* roasted summer squash fresh watermelon	14 sweet chili chicken sweet chili tofu* brown rice ginger soy broccoli fresh peach
17 turkey & bean chili veg out chili* cornbread muffin roasted red potatoes fresh grapes	18 beef hot dog on a bun veggie burger on a bun* steamed corn ketchup mustard fresh apple slices	19 peruvian chicken drum chili black beans* cilantro lime brown rice roasted summer squash orange wedges	20 crispy catfish veggie chik'n nuggets* whole wheat bun sauteed cabbage fresh watermelon	21 herb roasted chicken veggie chik'n nuggets* penne pasta with alfredo sauce roll roasted broccoli fresh peach



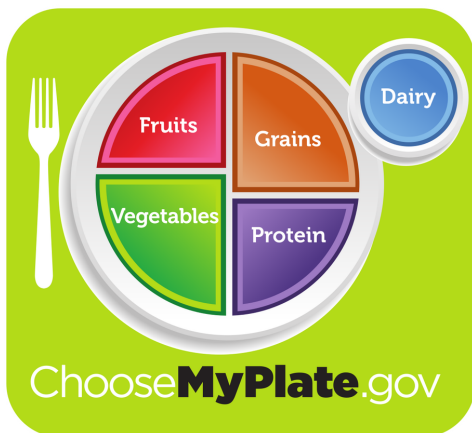
August Cold Lunch

SFSP

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Student's choice of skim or 1% milk
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Menu subject to change based on availability

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Healthy Meals for Active Students!
To create a healthy meal, include at
least three of the five food groups on
MyPlate: grains, protein, fruits,
vegetables, and dairy.

Monday	Tuesday	Wednesday	Thursday	Friday
3 sweet chili chicken whole wheat bun snap peas orange wedges	4 turkey & cheese on a hoagie mayo mustard cucumber & tomato salad fruit cup	5 turkey ham & cheese stackables lemon garlic kale salad fresh peach	6 mixed greens salad diced turkey ham mozzarella cheese cucumber coins tomato chickpeas italian dressing cornbread muffin fresh watermelon	7 tuna salad whole wheat bun baby carrots ranch dressing fresh apple
10 turkey ham & cheese hoagie mustard mayo cucumber coins ranch dressing orange wedges	11 roast beef & provolone sandwich mustard mayo lemon garlic kale salad fruit cup	12 chicken salad croissant summer squash salad fresh peach	13 mixed greens salad cumin lime chicken black beans shredded cheddar cheese tomato corn ranch dressing cornbread muffin fresh grapes	14 hot honey chicken thigh whole wheat bun cucumber coins ranch dressing fresh apple
17 buffalo chicken whole wheat bun ranch dressing celery sticks orange wedges	18 turkey & cheese on a hoagie mayo mustard lemon garlic kale salad fruit cup	19 turkey ham & cheese stackables cucumber & tomato salad fresh peach	20 mixed greens salad diced turkey ham mozzarella cheese cucumber coins tomato chickpeas italian dressing cornbread muffin fresh watermelon	21 tuna salad whole wheat bun baby carrots ranch dressing fresh apple



SNACK - August

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Monday	Tuesday	Wednesday	Thursday	Friday
pretzel goldfish cheese stick 3	hummus multigrain SunChips 4	cinnamon goldfish graham yogurt 5	wheat crackers cheese stick 6	blueberry lemon crackers yogurt 7
pretzel goldfish cheese stick 10	beef salami slices cheese crackers 11	blueberry lemon crackers yogurt 12	wheat crackers cheese stick 13	cinnamon goldfish graham yogurt 14
pretzel goldfish cheese stick 17	beef salami slices cheese crackers 18	blueberry lemon crackers yogurt 19	wheat crackers cheese stick 20	cinnamon goldfish graham yogurt 21
pretzel goldfish cheese stick 24	beef salami slices cheese crackers 25	blueberry lemon crackers yogurt 26	wheat crackers cheese stick 27	cinnamon goldfish graham yogurt 28

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