

BEVERAGES

COFFEE & ESPRESSO

Featuring coffee from Astoria Coffee.



COFFEE/DECAF

8 oz | \$1.00 12 oz | \$3.25 16 oz | \$3.60 20 oz | \$3.85

ESPRESSO

single | \$2.00 double | \$3.00

AMERICANO

12 oz | \$2.75 16 oz | \$3.50

CAPPUCCINO/FLAT WHITE

8 oz | \$3.25

LATTE (HOT OR ICED)

12 oz | \$3.25

CHAI LATTE (HOT OR ICED)

12 oz | \$4.00

PUMPKIN SPICE LATTE **SEASONAL**

12 oz | \$4.00

MOCHA LATTE **SEASONAL**

12 oz | \$4.00

ICED COFFEE

16 oz | \$3.50

TEA, JUICES, & MORE

HOT TEA (assorted flavors)

16 oz | \$2.00 20 oz | \$2.50

ICED TEA

16 oz | \$3.00 20 oz | \$3.75

ASSORTED BOTTLED BEVERAGES

\$2.50-\$4.00

BREAKFAST

MUFFIN | \$2.50

BAGEL | \$1.50

CROISSANT | \$2.00

DANISH | \$2.25

OATMEAL | \$2.00

EGG & CHEESE SANDWICH | \$3.00

served hot on a bagel, croissant, or english muffin
add turkey sausage +\$1.00

NEW! STEAK, EGG & CHEESE SANDWICH | \$7.00

served hot on a bagel, croissant, or english muffin

HARD BOILED EGGS (2) | \$2.00



SNACKS & SIDES

WHOLE FRUIT | \$1.00

FRUIT & YOGURT PARFAIT | \$4.00

HUMMUS & PITA BREAD | \$5.00

PROTEIN BAR | \$2.50

POTATO WEDGES | \$5.00

KIDS SPECIAL! | \$5.00

pb&j uncrustable, whole fruit & bottled water

CHILI (12 oz) | \$6.50

FRESH MIXED FRUIT CUP | \$2.50 - \$3.50

SOUP (12 oz) | \$4.00

CORN MUFFIN | \$1.00

SALADS

COBB SALAD | \$9.00
mixed greens, cubed roasted turkey, diced cucumbers & tomatoes, mixed shredded mozzarella & cheddar cheese, crumbled turkey bacon, boiled eggs

CHICKEN CAESAR SALAD | \$8.00
romaine, grilled chicken, parmesan crisps, garlic croutons, caesar dressing

SANDWICHES & MORE

ROASTED CHICKEN SANDWICH | \$8.00
chicken breast, roasted red bell pepper, smoked provolone, garlic aioli, on a rosemary ciabatta bread **served hot**

TURKEY REUBEN | \$8.00
turkey, swiss cheese, sauerkraut, and russian dressing, on rye bread **served hot**

CHICKEN PESTO | \$7.50
marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll **served hot**

STEAK AND CHEESE | \$7.50
shaved ribeye, bell pepper medley, onions, and provolone served on a whole grain wheat roll **served hot**

WINGS & FRIES MEAL | \$11.00
includes bottled water or canned soda & dipping sauce **served hot**

CHICKEN SALAD SANDWICH | \$7.50
chunks of chicken, onions, celery, mayonnaise, served on croissant roll

ROASTED VEGETABLE WRAP | \$7.50
zucchini, yellow squash, portobello mushroom, red onions, asparagus and hummus in a spinach tortilla

OVEN-ROASTED TURKEY WRAP | \$7.50
turkey, swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

TUNA SALAD | \$7.50
hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on croissant

SANDWICH OF THE MONTH:

Jerk Chicken Sandwich with Caribbean Slaw

Pulled Jerk Chicken topped with Caribbean slaw on a Brioche bun



Make it a Combo!

Add chips and a canned soda or bottled water for \$2