SNACKS & SIDES

WHOLE FRUIT | $1.00
HUMMUS & PITA BREAD | $5.00
PROTEIN BAR | $2.50
POTATO WEDGES | $5.00
FRUIT & YOGURT PARFAIT | $4.00
CORN MUFFIN | $1.00

SOFT-SERVE ICE CREAM | $5.50
toppings: sprinkles, heath chunks, oreo cookie crumbles

AFFOGATO | $7.50
soft-serve vanilla ice cream topped with a shot of espresso + add caramel or chocolate drizzle

FRESH MIXED FRUIT CUP | $2.50 - $3.50

CHILI (12 oz) | $6.50
SOUP (12 oz) | $4.00
SALADS

COBB SALAD | $9.00
mixed greens, cubed roasted turkey, diced cucumbers & tomatoes, mixed shredded mozzarella & cheddar cheese, crumbled turkey bacon, boiled eggs

CHICKEN CAESAR SALAD | $8.00
romaine, grilled chicken, parmesan crisps, garlic croutons, caesar dressing

SANDWICHES & MORE

ROASTED CHICKEN SANDWICH | $8.00
chicken breast, roasted red bell pepper, smoked provolone, garlic aioli, on a rosemary ciabatta bread served hot

TURKEY REUBEN | $8.00
turkey, swiss cheese, sauerkraut, and russian dressing, on rye bread served hot

CHICKEN PESTO | $7.50
marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll served hot

STEAK AND CHEESE | $7.50
shaved ribeye, bell pepper medley, onions, and provolone served on a whole grain wheat roll served hot

WINGS & FRIES MEAL | $11.00
includes bottled water or canned soda & dipping sauce served hot

CHICKEN SALAD SANDWICH | $7.50
chunks of chicken, onions, celery, mayonnaise, served on croissant roll

ROASTED VEGETABLE WRAP | $7.50
zucchini, yellow squash, portobello mushroom, red onions, asparagus and hummus in a spinach tortilla

OVEN-ROASTED TURKEY WRAP | $7.50
turkey, swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

TUNA SALAD | $7.50
hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on croissant served hot

SANDWICH OF THE MONTH:
Jerk Chicken Sandwich with Caribbean Slaw
Pulled Jerk Chicken topped with Caribbean slaw on a Brioche bun

Make it a Combo!
Add chips and a canned soda or bottled water for $2

$8.50