**BREAKFAST**

**HOUSE-MADE MUFFIN** | $2.50

**BAGEL** | $1.50

**CROISSANT** | $2.00

**DANISH** | $2.25

**OATMEAL** | $2.00

**EGG & CHEESE SANDWICH** | $3.00
served hot on a bagel, croissant, or english muffin
add turkey sausage +$1.00

**NEW! STEAK, EGG & CHEESE SANDWICH** | $7.00
served hot on a bagel, croissant, or english muffin

**HARD BOILED EGGS (2)** | $2.00

**SNACKS & SIDES**

**LOADED POTATO WEDGES** | $6.00

**FRUIT & YOGURT PARFAIT** | $4.00

**HUMMUS & PITA BREAD** | $5.00

**FRESH MIXED FRUIT CUP** | $2.50 - $3.50

**PROTEIN BAR** | $2.50

**CHILI (12 oz)** | $6.50

**SOUP (12 oz)** | $4.00

**WHOLE FRUIT** | $1.00

**CORN MUFFIN** | $1.00
**SALADS**

**COBB SALAD | $9.00**
mixed greens, cubed roasted turkey, diced cucumbers & tomatoes, mixed shredded mozzarella & cheddar cheese, crumbled turkey bacon, boiled eggs

**CHICKEN CAESAR SALAD | $8.00**
romaine, grilled chicken, parmesan crisps, garlic croutons, caesar dressing

**SANDWICHES & MORE**

**ROASTED CHICKEN SANDWICH | $8.00**
chicken breast, roasted red bell pepper, smoked provolone, garlic aioli, on a rosemary ciabatta bread **served hot**

**TURKEY REUBEN | $7.50**
turkey, swiss cheese, sauerkraut, and russian dressing, on rye bread **served hot**

**CHICKEN PESTO | $7.50**
marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll **served hot**

**STEAK AND CHEESE | $7.50**
shaved ribeye, bell pepper medley, onions, and provolone served on a whole grain wheat roll **served hot**

**CHICKEN SALAD SANDWICH | $7.50**
chunks of chicken, onions, celery, mayonnaise, served on croissant roll

**ROASTED VEGETABLE WRAP | $7.50**
zucchini, yellow squash, portobello mushroom, red onions and hummus in a spinach tortilla

**OVEN-ROASTED TURKEY WRAP | $7.50**
turkey, swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

**TUNA SALAD | $7.50**
hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on croissant

**WINGS & FRIES MEAL | $11.00**
includes bottled water or canned soda + dipping sauce **served hot**

**SANDWICH OF THE MONTH:**

**Corned Beef Reuben**
Corned beef, tangy sauerkraut, melted Swiss cheese, and zesty thousand island dressing between slices of marbled rye bread.

**Make it a Combo!**
Add chips and a canned soda or bottled water for $2