**BEVERAGES**

**COFFEE & ESPRESSO**

*Featuring coffee from Astoria Coffee.*

**COFFEE/DECAF**

- 8 oz | $1.00
- 12 oz | $1.25
- 16 oz | $1.60
- 20 oz | $3.60
- 24 oz | $3.85

**ESPRESSO**

- single | $2.00
double | $3.00

**AMERICANO**

- 12 oz | $2.75
- 16 oz | $3.50

**CAPPUCCINO/FLAT WHITE**

- 8 oz | $3.25

**LATTE (HOT OR ICED)**

- 12 oz | $3.25

**CHAI LATTE (HOT OR ICED)**

- 12 oz | $4.00

**PUMPKIN SPICE LATTE SEASONAL**

- 12 oz | $4.00

**MOCHA LATTE SEASONAL**

- 12 oz | $4.00

**ICED COFFEE**

- 16 oz | $3.50

**TEA, JUICES, & MORE**

**HOT TEA (assorted flavors)**

- 16 oz | $2.00
- 20 oz | $2.50

**ICED TEA**

- 16 oz | $3.00
- 20 oz | $3.75

**ASSORTED BOTTLED BEVERAGES**

$2.50-$4.00

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**BREAKFAST**

**HOUSE-MADE MUFFIN** | $2.50

**BAGEL** | $1.50

**CROISSANT** | $2.00

**DANISH** | $2.25

**OATMEAL** | $2.00

**EGG & CHEESE SANDWICH** | $3.00

* served hot on a bagel, croissant, or English muffin

**NEW! STEAK, EGG & CHEESE SANDWICH** | $6.50

* served hot on a bagel, croissant, or English muffin

**BOILED EGGS (2)** | $2.00

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**SNACKS & SIDES**

**LOADED POTATO WEDGES** | $6.00

**FRUIT & YOGURT PARFAIT** | $4.00

**HUMMUS & PITA BREAD** | $5.00

**FRESH MIXED FRUIT CUP** | $2.50 - $3.50

**PROTEIN BAR** | $2.50

**CHILI (12 oz)** | $6.50

**SOUP (12 oz)** | $4.00

**WHOLE FRUIT** | $1.00

**CORN MUFFIN** | $1.00
SALADS

CHICKEN CAESAR SALAD | $8.00
romaine, grilled chicken, parmesan crisps, garlic croutons, caesar dressing

COBB SALAD | $9.00
mixed greens, cubed roasted turkey, diced cucumbers & tomatoes, mixed shredded mozzarella & cheddar cheese, crumbled turkey bacon, boiled eggs

SANDWICHES & MORE

ROASTED CHICKEN SANDWICH | $8.00
chicken breast, roasted red bell pepper, smoked provolone, garlic aioli, on a rosemary ciabatta bread served hot

TURKEY REUBEN | $7.50
turkey, swiss cheese, sauerkraut, and russian dressing, on rye bread served hot

CHICKEN PESTO | $7.50
marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll served hot

STEAK AND CHEESE | $7.50
shaved ribeye, bell pepper medley, onions, and provolone served on a whole grain wheat roll served hot

CHICKEN SALAD SANDWICH | $7.50
chunks of chicken, onions, celery, mayonnaise, served on croissant roll

ROASTED VEGETABLE WRAP | $7.50
zucchini, yellow squash, portobello mushroom, red onions, asparagus and hummus in a spinach tortilla

OVEN-ROASTED TURKEY WRAP | $7.50
turkey, swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

TUNA SALAD | $7.50
hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on croissant

WINGS & FRIES MEAL | $11.00
includes bottled water or canned soda + dipping sauce served hot

SANDWICH OF THE MONTH:
Crispy Chicken Parmesan
A golden, seasoned chicken cutlet meets melted provolone and rich marinara, all hugged by warm, fresh sub roll.

Make it a Combo!
Add chips and a canned soda or bottled water for $2