

BEVERAGES

COFFEE & ESPRESSO

Featuring coffee from Astoria Coffee.



COFFEE/DECAF

8 oz | \$1.00 12 oz | \$3.25 16 oz | \$3.60 20 oz | \$3.85

ESPRESSO

single | \$2.00 double | \$3.00

AMERICANO

12 oz | \$2.75 16 oz | \$3.50

CAPPUCCINO/FLAT WHITE

8 oz | \$3.25

LATTE (HOT OR ICED)

12 oz | \$3.25

CHAI LATTE (HOT OR ICED)

12 oz | \$4.00

PUMPKIN SPICE LATTE **SEASONAL**

12 oz | \$4.00

MOCHA LATTE **SEASONAL**

12 oz | \$4.00

ICED COFFEE

16 oz | \$3.50

TEA, JUICES, & MORE

HOT TEA (assorted flavors)

16 oz | \$2.00 20 oz | \$2.50

ICED TEA

16 oz | \$3.00 20 oz | \$3.75

ASSORTED BOTTLED BEVERAGES

\$2.50-\$4.00

BREAKFAST

HOUSE-MADE MUFFIN | \$2.50

BAGEL | \$1.50

CROISSANT | \$2.00

DANISH | \$2.25

EGG & CHEESE SANDWICH | \$3.00
served hot on a croissant, or bagel,
add turkey sausage +\$1.00

OATMEAL | \$2.00

BOILED EGGS (2) | \$2.00

SNACKS & SIDES

WHOLE FRUIT | \$1.00

HUMMUS & PITA BREAD | \$5.00

PROTEIN BAR | \$2.50

POTATO WEDGES | \$5.00

FRUIT & YOGURT PARFAIT | \$4.00

CORN MUFFIN | \$1.00

SOFT-SERVE ICE CREAM | \$5.50

toppings: sprinkles, heath chunks,
oreo cookie crumbles

AFFOGATO | \$7.50

soft-serve vanilla ice cream topped with a shot
of espresso + add caramel or chocolate drizzle

FRESH MIXED FRUIT CUP | \$2.50 - \$3.50

CHILI (12 oz) | \$6.50

SOUP (12 oz) | \$4.00



SALADS

CHICKEN CAESAR SALAD | \$8.00
romaine, grilled chicken, parmesan crisps,
garlic croutons, caesar dressing

CURRIED CHICKPEA SALAD | \$4.00
chickpeas, cucumber, green bell peppers,
red onions, tomatoes, lemon herb vinaigrette

COBB SALAD | \$9.00
mixed greens, cubed roasted turkey,
diced cucumbers & tomatoes, mixed
shredded mozzarella & cheddar cheese,
crumbled turkey bacon, boiled eggs

SANDWICHES & MORE

GARLIC ROAST BEEF SANDWICH | \$8.00
roast beef, caramelized onions, garlic
horseradish sauce, on brioche bun **served hot**

TURKEY REUBEN | \$7.50
turkey, swiss cheese, sauerkraut, and
russian dressing on rye bread **served hot**

CHICKEN PESTO | \$7.50
marinated chicken breast, roasted
red bell peppers, pesto, and
provolone cheese served on a whole
grain wheat roll **served hot**

STEAK AND CHEESE | \$7.50
shaved ribeye, bell pepper medley,
onions, and provolone served on a
whole grain wheat roll **served hot**

WINGS & FRIES | \$11.00
includes bottled water or canned soda
+ dipping sauce **served hot**

ROASTED CHICKEN SANDWICH | \$8.00
chicken breast, roasted red bell pepper,
smoked provolone, garlic aioli, on a
rosemary ciabatta bread **served hot**

CHICKEN SALAD SANDWICH | \$7.50
chunks of chicken, onions, celery, mayonnaise,
on croissant roll

ROASTED VEGETABLE WRAP | \$7.50
zucchini, yellow squash, portobello
mushroom, red onions, asparagus and
hummus in a spinach tortilla

OVEN-ROASTED TURKEY WRAP | \$7.50
turkey, swiss cheese, tomato, red onions,
lettuce, honey mustard dressing, sundried
tomato tortilla

TUNA SALAD | \$7.50
hand-flaked white tuna with celery, onion,
lettuce, tomato, and herb mayo on croissant

SANDWICH OF THE MONTH :

CAPRESE SANDWICH



MAKE IT A COMBO!

**Add chips and a canned
soda or bottled water for \$2**