# BEVERAGES

**COFFEE/DECAF** 8 oz | \$1.00 12 oz | \$3.25 16 oz | \$3.60 20 oz | \$3.85

**ESPRESSO** single | \$2.00 double | \$3.00

**AMERICANO** 12 oz | \$2.75 16 oz | \$3.50

**CAPPUCCINO/FLAT WHITE** 8 oz | \$3.25

LATTE (HOT OR ICED) 12 oz | **\$**3.25

#### **SEASONAL**

**PUMPKIN SPICE LATTE** 12 oz | \$4.00

#### **SEASONAL**

**MOCHA LATTE** 12 oz | \$4.00

#### **ICED COFFEE** 16 oz | \$3.50

**HOT TEA** assorted flavors 16 oz | \$2.00 20 oz | \$2.50

ICED TEA 16 oz | \$3.00 20 oz | \$3.75

**ASSORTED BOTTLED BEVERAGES** \$2.50-\$4.00

# BREAKFAST

**HOUSE-MADE MUFFIN** | \$2.50 **BAGEL | \$1.50 CROISSANT | \$2.00 DANISH | \$2.25** 

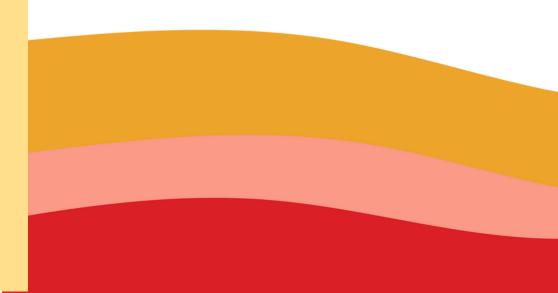
# **SNACKS & SIDES**

**PROTEIN PACK** | \$6.00 LOADED POTATO WEDGES | \$6.00 turkey pepperoni, cheese, sweet & spicy nuts

**WHOLE FRUIT** | \$1.00

HUMMUS & PITA BREAD \$5.00

**PROTEIN BAR | \$2.50** 





**EGG & CHEESE SANDWICH** \$3.00 served hot on a croissant, or bagel, add turkey sausage +\$1.00

**OATMEAL** | \$2.00

**BOILED EGGS (2)** \$2.00



### FRUIT & YOGURT PARFAIT | \$4.00

**FRESH MIXED FRUIT CUP** | \$2.50 - \$3.50

# SALADS

### CHICKEN CAESAR SALAD | \$8.00

romaine, grilled chicken, parmesan crisps, garlic croutons, caesar dressing

**CURRIED CHICKPEA SALAD** | \$4.00 chickpeas, cucumber, green bell peppers, red onions, tomatoes, lemon herb vinaigrette

### **COBB SALAD** | \$9.00

mixed greens, cubed roasted turkey, diced cucumbers & tomatoes, mixed shredded mozzarella & cheddar cheese, crumbled turkey bacon, boiled eggs

# SANDWICHES & MORE

#### **ROASTED CHICKEN SANDWICH** | \$8.00 chicken breast, roasted red bell pepper, smoked provolone, garlic aioli, on a rosemary ciabatta bread served hot

### TURKEY REUBEN | \$7.50

turkey, swiss cheese, sauerkraut, and russian dressing, on rye bread served hot

### CHICKEN PESTO | \$7.50

marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll **served hot** 

### **STEAK AND CHEESE** | \$7.50

shaved ribeye, bell pepper medley, onions, and provolone served on a whole grain wheat roll served hot

### CHICKEN SALAD SANDWICH | \$7.50

chunks of chicken, onions, celery, mayonnaise, on croissant roll

### **ROASTED VEGETABLE WRAP** | \$7.50

zucchini, yellow squash, portobello mushroom, red onions, asparagus and hummus in a spinach tortilla

### **OVEN-ROASTED TURKEY WRAP** | \$7.50

turkey, swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

#### **TUNA SALAD | \$7.50**

hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on croissant

## FEATURED SPECIAL ROASTED CHICKEN SANDWICH



**\$8** 

Make it a Combo! add chips and a beverage for \$2