**BEVERAGES**

**COFFEE/DECAF**
8 oz | $1.00  12 oz | $3.25  16 oz | $3.60  20 oz | $3.85

**ESPRESSO**
- single | $2.00
- double | $3.00

**AMERICANO**
- 12 oz | $2.75
- 16 oz | $3.50

**CAPPUCCINO/FLAT WHITE**
- 8 oz | $3.25

**LATTE**
- 12 oz | $3.25

**ICED COFFEE**
- 16 oz | $3.50

**HOT TEA** assorted flavors
- 16 oz | $2.00
- 20 oz | $2.50

**ICED TEA**
- 16 oz | $3.00
- 20 oz | $3.75

**ASSORTED BOTTLED BEVERAGES**
- $2.50-$4.00

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**BREAKFAST**

**HOUSE-MADE MUFFIN** | $2.50
**BAGEL** | $1.50
**CROISSANT** | $2.00
**BISCOTTI** | $1.25

**HOUSE-MADE MUFFIN** served hot on a croissant, or bagel, add turkey sausage $1.00

**EGG & CHEESE SANDWICH** | $3.00

**OATMEAL** | $2.00
**CREAMY GRITS** | $2.00

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**SNACKS & SIDES**

**SOUP OF THE DAY**
- 8 oz | $2.50
- 16 oz | $4.00

**POTATO WEDGES** | $5.00

**VEGGIE CRUDITE** | $4.00

**PROTEIN BAR** | $2.50

**PROTEIN PACK** | $6.00
turkey pepperoni, cheese, sweet & spicy nuts

**FRUIT & YOGURT PARFAIT** | $4.00

**FRESH MIXED FRUIT CUP** | $2.50 - $3.50

**WHOLE FRUIT** | $1.00
**SALADS**

**CAESAR SALAD** | $6.50  
Romaine, parmesan crisps, garlic croutons

**MIXED GREENS SALAD** | $6.50  
Spring mix, carrots, red bell pepper, cherry tomatoes, cucumber

**ASIAN KALE SALAD** | $6.50  
Kale, sweet red pepper, red onions, olive oil, soy sauce, lemon juice, garlic powder

**QUINOA SALAD** | $4.00  
Quinoa, chickpeas, cucumber, green bell peppers, red onions, and tomatoes tossed in a lemon herb vinaigrette

**SANDWICHES**

**CHICKEN PESTO** | $7.50  
Marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll  
*served hot*

**STEAK AND CHEESE** | $7.50  
Shaved ribeye, bell pepper medley, onions, and provolone served on a whole grain wheat roll  
*served hot*

**ROASTED VEGETABLE WRAP** | $7.50  
Zucchini, yellow squash, portobello mushroom, red onions, asparagus and hummus in a spinach tortilla

**OVEN-ROASTED TURKEY WRAP** | $7.50  
Turkey, swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

**TUNA SALAD** | $7.50  
Hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on a croissant