

BEVERAGES

COFFEE/DECAF

12 oz | \$1.00 16 oz | \$2.75 20 oz | \$3.50

ESPRESSO

single | \$2.00 double | \$3.00

AMERICANO

16 oz | \$2.75 20 oz | \$3.50

LATTE/CAPPUCCINO/FLAT WHITE

16 oz | \$3.25 20 oz | \$4.00

ICED COFFEE

16 oz | \$3.50 20 oz | \$4.00

HOT TEA assorted flavors

16 oz | \$2.00 20 oz | \$2.50

ICED TEA

16 oz | \$3.00 20 oz | \$3.75

ASSORTED BOTTLED BEVERAGES

\$2.50-\$4.00

BREAKFAST

HOUSE-MADE MUFFIN | \$2.50

BAGEL | \$1.50

CROISSANT | \$2.00

BISCOTTI | \$1.25

EGG & CHEESE SANDWICH | \$3.00
served hot on a croissant, or bagel,
add turkey sausage \$1.00

OATMEAL | \$2.00

CREAMY GRITS | \$2.00

“ *My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style.*

— *Maya Angelou*

BEVERAGES

COFFEE/DECAF

12 oz | \$1.00 16 oz | \$2.75 20 oz | \$3.50

ESPRESSO

single | \$2.00 double | \$3.00

AMERICANO

16 oz | \$2.75 20 oz | \$3.50

LATTE/CAPPUCCINO/FLAT WHITE

16 oz | \$3.25 20 oz | \$4.00

ICED COFFEE

16 oz | \$3.50 20 oz | \$4.00

HOT TEA assorted flavors

16 oz | \$2.00 20 oz | \$2.50

ICED TEA

16 oz | \$3.00 20 oz | \$3.75

ASSORTED BOTTLED BEVERAGES

\$2.50-\$4.00

SALADS AND SANDWICHES

CHOPPED ROMAINE | \$6.50

parmesan crisp, garlic croutons

MIXED GREENS | \$6.50

carrots, red bell pepper, cherry tomatoes, cucumber

ROASTED VEGETABLE WRAP | \$7.50

zucchini, yellow squash, portobello mushroom, red onions, asparagus and hummus in a spinach tortilla

OVEN-ROASTED TURKEY WRAP | \$7.50

swiss cheese, tomato, red onions, lettuce, honey mustard dressing, sundried tomato tortilla

STEAK AND CHEESE | \$7.50

shaved ribeye, bell pepper melody, onions, and provolone served on a whole grain wheat roll

served hot

TUNA SALAD | \$7.50

hand-flaked white tuna with celery, onion, lettuce, tomato, and herb mayo on a croissant

CHICKEN PESTO | \$7.50

marinated chicken breast, roasted red bell peppers, pesto, and provolone cheese served on a whole grain wheat roll

served hot

SIDES

PROTEIN PACK | \$6.00

turkey pepperoni, cheese, sweet & spicy nuts

QUINOA SALAD | \$4.00

quinoa, chickpeas, cucumber, green bell peppers, red onions, and tomatoes tossed in a lemon herb vinaigrette